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Charcoal: A Memoir Of An Alcoholic

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a Memoir of an Alcoholic



R.A. St. Clair



Synopsis

R.A. St. Clair writes a heart-wrenching account of her life as an alcoholic. She graphically recounts her journey from teen to adult in the grips of alcohol at every step. Through college life, marriage, motherhood, and the pain and dysfunction caused by alcohol. Amid shattered relationships and squandered opportunities she is unable to resist the allure of drinking. This is an ultimately hopeful journey and is a recommended read for anyone who is struggling with alcohol addiction.

Book Information

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Customer Reviews

Alcohol overdoses kill more people than drug overdoses. Eventually we alkies must realize that alcohol will kill us too if we don't stop. Be brutally honest. In the end, drinking isn't fun anymore and this short read is another good example of the wasted lives and crazy time alcohol abuse produces.

I totally saw myself in this memoir. I too have made a commitment to stop drinking. This short read book, made me look at myself and help me want to stay sober.

This book is short and to the point and resonated with me deeply. As a woman with almost two

years sober, I can relate with her memoir. Worth the read.

I couldn't tell it ANY better... I'm going on 3yrs completely sober of alcohol and street drugs. And I'm inspired by your story. Thank you.

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How to Help an Alcoholic: Coping with Alcoholism and Substance Abuse (Help an Alcoholic Spouse, Alcoholic Family Member, Friend or Addict) (Coping with ... Husband, Dependence, Domestic Abuse) Charcoal: a Memoir of an Alcoholic The Charcoal Foundry (Build Your Own Metal Working Shop from Scrap, Vol. 1) Cars Crashed In Charcoal Cities Charcoal Tears (Seraph Black Book 1) I Know the World's Worst Secret: A Child's Book about Living with an Alcoholic Parent (Hurts of Childhood Series) Complete Book of Mixed Drinks, The (Revised Edition): More Than 1,000 Alcoholic and Nonalcoholic Cocktails (Drinking Guides) Loving an Adult Child of an Alcoholic From Survival to Recovery: Growing Up in an Alcoholic Home Don't Let the Bastards Grind You Down: 50 Things Every Alcoholic and Addict in Early Recovery Should Know, or How to Stay Clean and Sober, Recovery from Addiction and Substance Abuse Almost Alcoholic: Is My (or My Loved One's) Drinking a Problem? (The Almost Effect) Non Alcoholic Fatty Liver Disease Liver Cleanse Diet & Recipes: because a happier liver makes a happier life! Another Chance: Hope & Health for the Alcoholic Family Before the Door Closes: A Daughter's Journey with Her Alcoholic Father Fault Lines: A Memoir (2nd Edition) (The Cross-Cultural Memoir Series) Shark's Fin and Sichuan Pepper: A Sweet-Sour Memoir of Eating in China Monsoon Diary: A Memoir with Recipes A Tiger in the Kitchen: A Memoir of Food and Family Apricots on the Nile: A Memoir with Recipes The Language of Baklava: A Memoir

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